

BODY BUILDING

Ephesians 4:12-16

THE CHURCH IS GOD'S BODY-BUILDING PLACE!

I. THE PASTOR'S ROLE (12)

- The trainer's job description

A. EQUIP: So that the saints function

1. His Task: Setting things in order
2. His Training: Assessing and addressing needs
3. The Trouble: Some refuse training

B. ENERGIZE: So that saints serve

1. Service Ergonomics
 - He teaches people how to work efficiently and effectively
2. Saints Serving
 - The pastor's aim is to get the saints to the place where they serve one another

C. ENRICH: So that the saints succeed

1. The Object
 - Building up the body of Christ
2. The Obstacles
 - Complacency and apathy

II. THE CONGREGATION'S GOAL (13-16)

- The team's success definition

A. MATURITY (13)

1. The Timing: "Until"
2. The Traits
 - a. Communion: The unity of the faith
 - b. Completeness: A perfect man
 - c. Christlikeness: The fullness of Christ

B. STABILITY (14)

1. Not Tikes
2. Not Tossed
3. Not Tricked

C. TESTIMONY (15)

1. Loving Communication with Christians
 - Speaking the truth in love
2. Lasting Commitment to Christ
 - Growing, following, submitting

D. EFFICIENCY (16)

1. Fit: Interconnected and interdependent
2. Functioning
 - a. Every piece matters
 - b. Every part active!
 - c. Every one effective
3. Thriving
 - Self-sustaining, self-edified, self-sacrificing

CONCLUSION:

Are you a body builder?

Are you assisting in the building of the body at Franklin Road?

If we all worked out in God's church the way you do ... what kind of shape would we be in?