



FRANKLIN ROAD

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NEWSLETTER

JANUARY 6, 2020

AS WE BEGIN THIS NEW YEAR IT IS COMMON FOR US TO IDENTIFY WEAKNESSES. WHERE DO WE SEE DEFICITS IN OUR DEMEANOR, HEALTH, OR FINANCES? IT IS NATURAL FOR US TO DESIRE IMPROVEMENT. TO DESIRE A CHANGE IN HOW WE OPERATE AND GROW.

THIS COMES IN THE FORM OF THE NEWEST DIET FAD, THE NEXT INSPIRING TED TALK, AND A NEW GOOGLE SPREADSHEET DETAILING OUR PROGRESS. WE ARE READY FOR NEW EXPERIENCES AND WANT TO WARD OFF DISCOMFORT. THESE GOALS AND PRIORITIES ARE COMMENDABLE, BUT DO THEY REALLY PROMISE THE SATISFACTION WE DESIRE. WE ARE CALLED TO BE GOOD STEWARDS OF OUR BODIES AND OUR FINANCES, BUT WHERE DOES THE PROCESS ACTUALLY BEGIN.

IF WE ARE SEEKING A BETTER LIFE, IT CAN EASILY BE DEVELOPED THROUGH A PROGRAM AND SPECIFIC BEHAVIOR MODIFICATION. THESE DISCIPLINES ARE GOOD AND BEAR GREAT FRUIT. BUT ULTIMATELY OUR LIFE FLOWS FROM OUR HEART LIKE WATER FROM A STREAM.

ARE WE TAKING TIME TO SEEK THE GREATEST GOOD KNOWN TO MAN? IT MAY NOT LOOK AS PRETTY OR STRUCTURED AS A SIMPLE PROGRAM THAT YOU CAN BUY OR SUBSCRIBE TO, BUT IT WILL ULTIMATELY MAKE US MORE LIKE CHRIST. THAT IS THE ULTIMATE SELF-IMPROVEMENT.

ADAM