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FRANKLIN ROAD

baptist church

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WEARY



Yesterday was Labor Day, an opportunity to celebrate the American worker and rightly so. With our work comes wea-RINESS, SO IT IS HELPFUL TO HAVE AN EXTRA DAY OFF.

As part of the curse, God ordained weariness. When Adam SINNED BY EATING THE FORBIDDEN FRUIT HE WAS TOLD THAT FROM THAT POINT FORWARD HE WOULD WORK "BY THE SWEAT OF HIS FACE." (GENESIS 3:19). WE KNOW TOO THAT WEARINESS CAN

SOMETIMES BE CAUSED BY OVERWORKING. I SAMUEL 14 GIVES AN ACCOUNT OF KING SAUL'S FOOLISH COMMAND FOR HIS WARRIORS TO HOTLY PURSUE THE ENEMY BUT TO FOREGO ANY FOOD OR REST. HE PUSHED THEM SO HARD THAT THEY WERE FAINTING FROM EXHAUSTION.

SOMETIMES WEARINESS COMES FROM DOING GOOD AND GODLY THINGS. NEHEMIAH'S WALL-WORKERS WERE SO COMMITTED TO THEIR WORK THAT THEY CARRIED OUT THEIR TASKS FROM DAWN TO DUSK WITH HALF OF THEM CARRYING TROWELS AND THE OTHER HALF HOLDING SWORDS. (SEE NEHEMIAH 4:21). EVEN CHRIST'S DISCIPLES GREW TIRED. WE READ IN MARK 6:31 THAT JESUS SAID, "COME AWAY BY YOURSELVES TO A SECLUDED PLACE AND REST A WHILE." (FOR THERE WERE MANY PEOPLE COMING AND GOING, AND THEY DID NOT EVEN HAVE TIME TO EAT.)

HOW THEN SHOULD WE DEAL WITH WEARINESS?

- I. REMEMBER THE SABBATH EXODUS 20:8-10
 - WE ARE NOT UNDER THE OLD TESTAMENT LAW, BUT THE PRINCIPLE OF REST WAS ESTAB-LISHED IN CREATION AND IS STILL APPLICABLE TODAY. WE'RE TOLD TO DO ALL OF OUR LABOR IN SIX DAYS AND THEN KEEP THE SABBATH HOLY OR LITERALLY SET IT ASIDE AS SPECIAL.
- 2. COUNT GOD IN ISAIAH 40:28-31
 - REMEMBER THAT HE NEVER BECOMES WEARY OR TIRED. HE GIVES STRENGTH TO THE WEA-RY SO THAT WE CAN MOUNT UP WITH WINGS AS EAGLES AND RUN WITHOUT EXHAUSTION.
- 3. Come to Jesus Matthew 11:28-30
 - HE INVITES, "COME TO ME, ALL WHO ARE WEARY AND HEAVY-LADEN, AND I WILL GIVE YOU REST. TAKE MY YOKE UPON YOU AND LEARN FROM ME, FOR I AM GENTLE AND HUMBLE IN HEART, AND YOU WILL FIND REST FOR YOUR SOULS. FOR MY YOKE IS EASY AND MY BUR-DEN IS LIGHT."
- 4. KEEP PERSPECTIVE GALATIANS 6:9
 - WE NEED TO STICK WITH DOING GOOD THINGS FOR THEY ARE TRULY GOD THINGS. PAUL REMINDS, "LET US NOT LOSE HEART IN DOING GOOD, FOR IN DUE TIME WE WILL REAP IF WE DO NOT GROW WEARY."

LET'S BE BUSY WORKING FOR JESUS WHILE RESTING IN HIM.

LOOKING UP! PASTOR CHUCK CIRCLE